

ABSTRACT OF THE INVENTION

In a method for reducing notifications associated with incoming emails destined to a user using a wireless device, after receiving an incoming email, a relay server checks whether there is undelivered email destined to the user. If there is no undelivered email, then a notification is sent to the user's wireless device. If there are undelivered emails, then the relay server calculates a lapse time since the last notification was sent to the user. If the lapse time is greater than a predefined period, a notification is sent to the user.